

Brief description of workshop:

In this 2 day course the participants will learn the basics of simple routines that can apply to a variety of situations, from minor injuries to more severe injuries and conditions. The training includes Standard First Aid, CPR – Level C and AED (Automatic External Defibrillator). The training is WSIB and Service Canada approved.

Task Group	Highest level required in workshop	Comments
Competency A: Find and Use Information		
A1 : Read continuous text	A1.2 - Read texts to locate and connect ideas and information <ul style="list-style-type: none"> • Makes connections between sentences and between paragraphs in a single text • Scans text to locate information • Locates multiple pieces of information in simple texts • Reads more complex texts to locate a single piece of information • Makes low-level inferences • Follows the main events of descriptive, narrative, and informational texts • Obtains information from detailed reading 	
A2: Interpret documents	A2.2 - Interpret simple documents to locate and connect information <ul style="list-style-type: none"> • Performs limited searches using one or two search criteria • Extracts information from tables and forms • Uses layout to locate information • Makes connections between parts of documents • Makes low-level inferences 	
A3: Extracts information from films, broadcasts and presentations		

Competency B: Communicate Ideas and Information		
B1: Interact with others	B1.2 - Initiate and maintain interactions with one or more persons to discuss, explain, or exchange information and opinions <ul style="list-style-type: none"> • Shows an awareness of factors that affect interactions, such as differences in opinions and ideas, and social linguistic and cultural differences • Demonstrates some ability to use tone appropriately • Uses strategies to maintain communication, such as encouraging responses from others and asking questions • Speaks or signs clearly in a focused and organized way • Rephrases to confirm or increase understanding • Uses and interprets non-verbal cues (e.g. body language, facial expressions, gestures) 	Participants were required to practice obtaining information from a person requiring First Aid.
B3: Complete and create documents	B3.1a - Make straight forward entries to complete very simple documents <ul style="list-style-type: none"> • Makes a direct match between what is requested and what is entered • Makes entries using familiar vocabulary 	
Competency C: Understand and Use Numbers		
C2: Manage Time	C2.2 - Makes low-level inferences to calculate using time <ul style="list-style-type: none"> • Interprets and applies rates (e.g. \$/hr, km/hr, cooking time/pound) • Makes simple estimates • Selects appropriate steps to reach solutions • Uses strategies to check accuracy (e.g. estimating, using a calculator, repeating a calculation, using the reverse operation) 	CPR needs to have a certain number of thrusts within a specific time period.
C3: Use measures	C3.1 - Measure and make simple comparisons and calculations <ul style="list-style-type: none"> • Recognizes simple, common shapes (e.g. circle, square, rectangle, triangle) • Measures distance, length, width, height, weight, liquid volume, angles and temperature 	Participants are asked to estimate the needed depth of each thrust in comparison to thickness of victim's body as compared to the standard 2 inches.

	<ul style="list-style-type: none"> • Makes simple estimates • Uses common standard units (e.g. metres, inches) and non-standard units (e.g. paces, cupfuls, scoops) • Uses strategies to check accuracy (e.g. estimating, using a calculator, repeating a calculation, using the reverse operation) 	
Competency D: Use Digital Technology N/A		
Competency E: Manage Learning		
	<p>E.2 - Set realistic short- and long-term goals, use a limited number of learning strategies, and monitor own learning</p> <ul style="list-style-type: none"> • Demonstrates positive attitude to learning • Accepts positive feedback and constructive criticism • Recognizes and expresses when one does not know something • Accepts new learning challenges • Willing to work independently • Takes responsibility for learning • Takes initiative • Takes risks in learning situations • Manages time (e.g. makes realistic estimates about time, meets deadlines, completes activities and tasks in a logical order) • Checks accuracy of work 	
Competency F: Engage with others		
	<p>Collaboration: the learner:</p> <ul style="list-style-type: none"> • Understand one's role; seeks clarification as required • Recognizes roles of others • Acknowledges/identifies responsibilities • Accepts one's share of responsibilities • Acknowledges and accepts others' perspectives • Adapts behaviour to the demands of the situation • Shows an awareness of group dynamics • Demonstrates tolerance and flexibility • Demonstrates a willingness to help others 	

	<ul style="list-style-type: none">• Makes contributions that take into account one's strengths and limitations <p>Conflict Resolution: the learner:</p> <ul style="list-style-type: none">• Recognizes areas of agreement and disagreement	
Comments		
<p>This trainer was aware of literacy issues and presented the information orally. The text book used was clearly written and participants were encouraged to follow along in the text. The text content was reinforced by video presentations. The test was a 50 question multiple choice document which was given and taken up orally. Participants were then given the opportunity to redo the questions they missed.</p>		